

KLA HOW YA COMPETITION

DECEMBER 1-3, 2023



HOST: SMITHERS SKATING CLUB

Sanctioned by and held under the rules of Skate Canada

Online registration must be completed by 11:45 pm, October 20, 2023.

NOTE: 48 hours following the closing of online registration, a list of all registrants will be posted on the [Kla How Ya competition page of Skating in BC website](#).

Registered athletes will then have 48 hours to notify the registrar of any changes. Beyond this time period, no changes will be permitted. This is to facilitate a faster turn-around time for the competition schedule to be published and for the Tech Rep to organize officials for the competition.

DATE: December 1-3, 2023

HOST: Smithers Skating Club

VENUE: Smithers Civic Centre, 4204 3rd Ave, Smithers, BC V0J 2N0

ICE SURFACE: 183' x 83'

COMPETITION CHAIRPERSON: Stephanie Auston
khy2023sfsc@gmail.com
(250) 877-3985

COMPETITION REGISTRAR: Luba Kasum
ltmkas@gmail.com
(778) 210-1719

KARELO INQUIRIES: Stacy Flotre
asdflore@gmail.com

TECHNICAL INQUIRIES: Janice Hunter
janicedhunter@gmail.com

(Janice only answers technical inquiries and not logistics regarding the competition. Coaches can contact Janice with their technical questions. All other inquiries are to be sent to cnccompetitions@gmail.com)

EVENTS TO BE HELD & ENTRY INFORMATION

Juvenile	Women U10	Men	\$95.00
Juvenile	Women U12		\$95.00
Juvenile	Women U14		\$95.00
STAR 1 Element Assessment	Aleksa, Aislynn, Sophea, Arlene, Clara, Elizabeth, Hannah, Haruka, Kanae, Kimberley, Leah, Maddison, Mickaella, Scarlett, Sophia, Halle, Michelle		\$85.00
STAR 2 Free Skate	Ember, Finn, McKenna		\$85.00
STAR 3 Free Skate	Onora, Stella, Jessica, Kate		\$85.00
STAR 4 Free Skate	Girls U10	Boys	\$90.00
STAR 4 Free Skate	Girls U13 Jessica, Kate		\$90.00
STAR 4 Free Skate	Girls 13&O Micaela P, Olivia W, Stella		\$90.00
STAR 5 Free Skate	Girls U10	Boys	\$95.00
STAR 5 Free Skate	Girls U13 Makaela		\$95.00
STAR 5 Free Skate	Girls 13 & O Kasandra, Maija		\$95.00
STAR 6 Free Skate	Women Olivia B	Men	\$95.00
STAR 7 Short Program	Women Olivia B, Olivia P	Men	\$95.00
STAR 8 Freeskate	Women Olivia P	Men	\$95.00
STAR 9 Short Program	Women	Men	\$95.00
STAR 10 Freeskate	Women	Men	\$95.00
Gold Freeskate	Women	Men	\$95.00
Star 5 Artistic	Onora, Stella, Jessica, Kate, Mary-Ella, Makaela		\$90.00
STAR 7 Artistic	Ashley, Micaela, Olivia W, Maija, Olivia B		\$90.00
Star 9 Artistic	Kasandra		\$90.00
Gold Artistic	Olivia P		\$90.00
Individual Showcase 1	Aleksa, Aislynn, Sophea, Arlene, Clara, Elizabeth, Hannah, Haruka, Kanae, Kimberley, Leah, Maddison, Mickaella, Scarlett, Sophia, Finn, Ember, Halle, Michelle, McKenna		\$75.00
Individual Showcase 2			\$75.00
Individual Showcase 3			\$90.00
Individual Showcase 4			\$90.00
Group Showcase 1	Aleksa, Aislynn, Sophea, Arlene, Clara, Elizabeth, Hannah, Haruka, Kanae, Kimberley, Leah, Maddison, Mickaella, Scarlett, Sophia, Finn, Ember, Halle, Michelle, McKenna (TALK TO CYNTHIA)		\$85.00
Group Showcase 2	Onora, Stella, Jessica, Kate, Mary-Ella (TALK		\$85.00

	TO CYNTHIA)		
Group Showcase 3	Olivia B, Olivia P, Maija, Olivia W, Kasandra, Micaela, Ashley (TALK TO CYNTHIA)		\$95.00
Group Showcase 4			\$95.00
STAR 2/3 Solo Pattern Dance	Lead	Follow Jessica, Ember, Finn, McKenna,	\$60.00
STAR 4/5 Solo Pattern Dance	Lead	Follow Stella, Kate, Makaela, Mary-Ella,	\$60.00
STAR 6/7 Solo Pattern Dance	Lead	Follow Onora, Ashley, Micaela, Kasandra, Maija, Olivia W, Olivia B	\$60.00
STAR 8/9 Solo Pattern Dance	Lead	Follow	\$60.00
STAR 10/Gold Solo Pattern Dance	Lead	Follow Olivia P	\$60.00
Star 2 Individual Elements	Ember, Finn, Halle, McKenna, Michelle		\$52.00
Star 3 Individual Elements	Onora, Stella, Jessica, Kate		\$52.00
Star 4 Individual Elements	Olivia W, Micaela, Stella, Jessica, Kate		\$52.00
Star 5 Individual Elements	Maija, Kasandra, Makaela		\$52.00
Star 6 Individual Elements	Olivia B		\$52.00
Star 7/8 Individual Elements	Olivia P		\$52.00
Star 9/10 Individual Elements			\$52.00
Gold Individual Elements			\$52.00
Open Individual Elements**			\$52.00
Star 2 Team Elements	2-4 Skaters Ember, Finn, Halle, McKenna, Michelle (TALK TO CYNTHIA)		\$62.00 /Team
Star 3 Team Elements	2-4 Skaters Onora, Stella, Jessica, Kate, Mary-Ella (TALK TO CYNTHIA)		\$62.00 /Team
Star 4 Team Elements	2-4 Skaters Olivia W, Micaela, Ashley, (TALK TO CYNTHIA)		\$62.00 /Team
Star 5 Team Elements	2-4 Skaters Maija, Kasandra, Makaela (TALK TO CYNTHIA)		\$62.00 /Team
Star 6 Team Elements	2-4 Skaters Olivia B (TALK TO CYNTHIA)		\$62.00 /Team
Star 7/8 Team Elements	2-4 Skaters Olivia P (TALK TO CYNTHIA)		\$62.00 /Team
Star 9/10 Team Elements	2-4 Skaters		\$62.00 /Team
Gold Team Elements	2-4 Skaters		\$62.00 /Team
Special O Level 1			\$75.00
Special O Level 2			\$75.00
Special O Level 3			\$75.00
Special O Level 4			\$75.00
Special O Level 5			\$75.00
Special O Level 6			\$75.00
Adult Introductory Artistic Free Skate****			\$95.00
Adult Bronze Artistic Free Skate****			\$95.00

Adult Silver Artistic Free Skate****			\$95.00
Adult Gold Artistic Free Skate****			\$95.00
Adult Free Skate Intro Open****	Women	Men	\$95.00
Adult Free Skate Bronze****	Women	Men	\$95.00
Adult Free Skate Silver****	Women	Men	\$95.00
Adult Free Skate Gold****	Women	Men	\$95.00

All payments must be made online at the time of registration. [Online registration](#) must be completed by **11:45 pm on October 20, 2023**. Instructions for entering online can be found at the end of this announcement.

All provincial health guidelines will be followed and are subject to change on short notice.

Entry fees shall be refunded only if the competition is not held, or the entry is withdrawn before the closing date of entry.

NO REFUNDS WILL BE GIVEN AFTER THE CLOSING DATE OF ENTRIES OF THE COMPETITION DATE FOR ANY REASON WHATSOEVER.

Late entries may be accepted at the discretion of the LOC and the Tech Rep and will be charged double the entry fee.

For all categories age shall be the age of the skater before July 1st, 2023 and assessments passed as of **the closing date of entries (October 20, 2023)** Age categories may be combined if there are insufficient entries in an individual category.

For event requirements and specifications, please refer to the 2023-2024 Skate Canada Technical Requirements Guides for STAR and Podium Pathway, posted on the Technical page of the [Skating in BC website](#).

PLANNED PROGRAM SHEETS

1. PLANNED PROGRAM SHEETS for all Free Skate events (except STAR 2, 3 and 4) and all ARTISTIC events are to be entered through Karelo when entering the Event. Note that Artistic Planned Programs must also indicate the start time of each element. **You will not be able to complete your Registration without entering the Planned Program Sheet.**
2. The final deadline to submit changes to planned program sheets is Wednesday, November 22, 2023. Changes can be emailed to **Stacy Flotre – asdflore@gmail.com**. There will be a \$25 fee assessed for Planned Program Sheets that are received after **November 22, 2023**. Skaters will not be permitted to register at the competition until this fee has been paid and a planned program sheet has been submitted.
3. A tentative schedule of events and groups will be posted on the [Kla How Ya Competition page](#) of the BC/YT Section and on the [CNCR](#) website. Any last-minute changes to

schedules will be posted on the websites and at the arena. **Please note that events may start up to one hour earlier than scheduled.**

ADDITIONAL INFORMATION

1. BC/YT Safesport Policy: Phone, video and/or mobile devices must be turned off and put away in a bag while in the dressing room. Parents and coaches are not permitted in dressing rooms; a family area will be provided for skaters who require assistance.
2. Skaters may enter only one event per discipline of Singles, Artistic or Showcase (skaters may enter an Individual Artistic or Showcase event AND a Group Showcase Event).
3. If short and free programs are listed as separate events, then skaters may enter one short and one free program. Depending on scheduling, skaters should be prepared to skate two programs on the same day. Skaters choosing to enter more than one event do so with the understanding that there may be scheduling conflicts that are unable to be resolved.
4. Should entries in an event be exceedingly large, the event will be divided into smaller group according to age. Each group will be considered a final.
5. If there is only one entry in any event, the competitor may skate for an evaluation, skate up one level, or withdraw and the entry fee will be refunded. Skating for an evaluation is only applicable to competitive categories and STAR Freeskate categories. If a technical panel is not available, the evaluation will be for Program Components only.
6. ON-SITE REGISTRATION: Skaters must register at least one hour before they are scheduled to skate. Please note that events may start up to 30 minutes earlier than scheduled.
7. WARM-UP TIMES:

STAR 2	3 minutes
STAR 3, 4 & 5	4 minutes
STAR 6 -Gold	5 minutes
Juvenile, Pre-Novice, Novice	6 minutes
Artistic	3 minutes
Showcase	3 minutes
Pattern Dance	30 sec. without music, then 2.5 min. with music

The warm-up time may be reduced to 3 minutes at the discretion of the Tech Rep.

All warm-up periods for one event must be equal.
8. COACHES: It is mandatory for all participating coaches to register at competitions and show their accreditation at all times during the competition in order to be at ice level during the events. Temporary accreditation will be issued for \$25.00 by showing current Skate Canada membership and First Aid information.

9. ADMISSION will be free to all and in accordance with current Provincial Guidelines.
10. AWARDS will be presented every hour on the hour.
11. Assessments: Assessments will not be offered at this competition.
12. Protests: [Skate Canada Protest Rule](#) will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative.

MUSIC REQUIREMENTS

1. ALL SKATERS must submit music online as part of the Online Music Registration.
2. Music will only be accepted electronically via MP3 format. Do not begin the registration process until you have your music file ready to load.
3. All mp3 files to be uploaded, must include the **skater's first name, last name and the event the music is for** in the file name. e.g. Cheryl Walters Star 2 Freeskateme.mp3.
4. Music files are not kept for the next competition. Skaters must submit their music for each individual competition.
5. A backup USB flash drive (CDs will not be accepted) must be at the boards with the coach when the skater is competing.
6. Alternate electronic items such as iPhones, tablets, mp3 players etc... will not be accepted.

ONLINE REGISTRATION INSTRUCTIONS

CNC Region has an **online registration system called Karelo**. All registrations must be completed using this online system. [Click here](#) to register.

The registration system will generate an automatic email to the skater's primary coach. Coaches are encouraged to check the confirmation email to ensure their skater(s) is registered in the correct event.

IMPORTANT: If you and your coach DO NOT receive an email confirmation from Karelo or receive a confirmation number, then you are NOT REGISTERED for the competition. If this occurs, please contact STACY FLOTRE asdflore@gmail.com.

Using Karelo for the first time: The first time you use Karelo.com to register for an event, you will be asked to choose a [log in name & a password](#), and to enter your contact information. **When entering contact information, please use the SKATER's name and NOT the parent's name.** Skate Canada Number must be entered as per your Skate Canada Card (i.e. 10 digits including all zeros). This is a very short and simple step that will enable you to avoid the

hassle of re-entering your information for each event registration! Your contact information is never shared with third parties. Please review [Karelo's Privacy Policy](#) for more details.

Entering your registration:

If you have never used Karelo.com before, go to [SIGN UP – I am new to Karelo.com](#) and select a login name and a password; enter your contact information. Then follow these steps:

1. Log in. Select the event that you want to register for from the Event list.
2. Enter your registration information, including the Planned Program Sheet information (if applicable). You will not be able to complete your registration without this.
3. Enter your payment information (Debit Card, Visa or MasterCard). This is a secure transaction. Your bank account or credit card is charged immediately
4. You are registered! Check your email for the confirmation email with your registration details
5. For more information and assistance go to [Karelo Frequently Asked Questions](#)

HOST HOTEL INFORMATION

Aspen Inn & Suites

(250) 847-4551

Please call for sports rate.

Prestige Hudson Bay Lodge

(250) 847-4581

Sports Rate: \$190-\$210 per night

*Book by November 10th to secure the rate. Please make sure you indicate the sport/event to ensure accuracy of the rate.